



# 2010 BASEBALL PRESEASON BULLETIN

PENNSYLVANIA  
INTERSCHOLASTIC  
ATHLETIC  
ASSOCIATION

FEBRUARY 2010

## RULES, REVISIONS AND INTERPRETATIONS

PIAA Statewide Rules Interpreter: Martin "Marty" T. Ondrovic

### 2010 NFHS BASEBALL RULES CHANGES

**Rule 1-2-4:** Clarified the temporary extension of the dugout. When the dugout area is temporarily extended for any reason, it shall be extended toward the outfield on a line parallel to the foul line. The extension of the dugout area shall be equally applied for both teams.

Rationale: Previously, the rule stated that temporary extensions should not be toward home plate. Also, the words "equally extended," meaning: if a dugout is extended, extension is **now mandated** for the other team.

**Rule 1-3-2:** Modified the bat rule effective January 1, 2012. The bat, which may be a wood or non-wood product, shall be a smooth cylinder implement from the top of the cap to the top of the knob. The cap and knob of the bat shall be permanently and securely fastened. All non-wood bats shall meet the Batted Ball Coefficient of Restitution (BBCOR) performance standard, and such bat shall be labeled with a silk screen or other permanent certification mark. The certification mark has to be rectangular, a minimum of a half-inch on each side and located on the barrel of the bat in any contrasting color. There shall be no devices, attachment, or wrappings that cause the handle to become flush with the knob. Molded grips are illegal.

**Rule 3-3-1g6:** Modified the coaching decorum rule. Any member of the coaching staff who was not the head coach (or designee) in 3-2-4 leaves the vicinity of the dugout or coaching box to dispute a judgment call by an umpire.

For violation of g(6), both the head coach and the offending coach shall be restricted to the dugout for the remainder of the game, or if the offense is judged severe enough, the umpire may eject the offender and restrict or eject the head coach.

Rationale: The rules committee found that assistant coaches were taking license with their roles and becoming disruptive. Assistant coaches were sending wrong messages to their players. It's one thing to ask the official for a clarification, but it's another thing to challenge and charge an umpire. Under PIAA Adoptions, charging an umpire is an automatic ejection.

**Rule 7-4-1f:** Clarify when the runner(s) is declared out due to interference. The change reads that the batter is out if "any member" of the offensive team or coach other than the runner interferes with a fielder who is attempting to field a **Foul Fly** ball. The addition of the phrase "other than the runner" clarifies the responsibility of the runner— "not the batter" will be declared out for the runner's interference. Previously, on a **Foul Fly** ball, the batter was declared out when the runner interfered.

- 2010 NFHS Rule Changes
- 2010 NFHS Points of Emphasis
- PIAA Adoptions
- 2010 Baseball Schedule
- Uniform
- Sportsmanship Message
- Lightning Safety
- Disqualification Form

#### PIAA OFFICIALS'

##### STAFF:

**Dr. Robert A. Lombardi**  
Associate Executive Director

**Anita L. Fox**  
Chapters' Secretary

**Debrah J. Rosenberger**  
Officials' Secretary

#### PIAA EXECUTIVE STAFF:

**Bradley R. Cashman**  
Executive Director

**Melissa N. Mertz**  
Assistant Executive Director

**Mark E. Byers**  
Assistant Executive Director

### **MINOR EDITORIAL RULE CHANGES**

**Rule 1-4-2:** Clarified the compliance of a pitcher's uniform.

**Rule 2-5-1:** Clarified a section heading change.

**Rule 7-3-2:** Clarified a batting infraction.

**Rule 8-1-1d1:** Clarified when a batter is struck by a pitched ball.

**Rule 8-4-2 PEN:** Clarified interference violation.

**Rule 9-1-1d:** Clarified a third out declaration.

### **2010 NFHS POINTS OF EMPHASIS**

**GOOD SPORTING BEHAVIOR:** For the head coach, the duties of controlling the dugout and team behavior includes being both accountable and responsible for the actions of assistant coaches and all other team personnel. Remember that the head coach is the only coach responsible for communications with umpires, and it is not the role of the assistant coach to dispute or appeal play situations and rulings. Umpires and coaches need to work together. Each contest is another opportunity for coaches and umpires to teach not only baseball, but also model good sporting behavior as well. The positive values that are learned will serve the players long after their baseball experience has concluded. Game situations typically provide a coach the opportunity to identify a teachable moment to reinforce good sporting behavior.

**ALTERING OF BATS:** Altering of bats by such methods as rolling, shaving the bat wall, flattening or otherwise manipulating the bat from its original manufactured condition is not legal and can result in the bat being declared illegal by the umpires. Coaches must insist that players use only legal equipment not only because it is a rule, but it is in the best interest of the principles of fair play and sportsmanship.

### **CHECKING BATS AND EQUIPMENT:**

Rule 10-2-3 requires that umpires inspect all bats (and helmets) prior to the start of a contest. This is a rules-driven opportunity to ensure that only legal equipment is used and helps protect the health and safety of the players, coaches, and umpires. This important duty cannot be ignored by umpires and must result in cooperation from team members and coaches.

With the NFHS requirements for bats in a transitional stage through 2012, this duty has never been more important. Coaches must ensure that as equipment purchases are made for bats that will be in use in 2012, the new BBCOR requirement is considered. Due to the fact that it has been reported that many players (and parents) purchase their own bats, it is critical that coaches inform players and parents of the coming rule change. In addition, coaches must diligently monitor the condition of the bats that are being used by members of the team.

**NOTE:** Under PIAA rules, "heated bats" are illegal.

**2010 POINTS OF EMPHASIS  
CONTINUED**

**CONCUSSIONS:** The NFHS Sports Medicine Advisory Committee has set forth guidelines on concussions. The committee is concerned that players are being allowed to return to competitive activity sooner than the guidelines recommend. Coaches and athletic trainers are encouraged to review these guidelines and to strictly adhere to them. Please refer to the Sports Medicine Advisory Committee (SMAC) Handbook (October 2008).

**LIGHTNING SAFETY:** No weather condition poses a greater danger for baseball participants than lightning. The NFHS has developed guidelines to assist schools, coaches and umpires in handling instances where lightning poses a threat. From the time thunder or lightning flash is observed, play should be suspended for a minimum of 30 minutes from the last sound of thunder or observed lightning flash. All participants (coaches, players, umpires and fans) should seek shelter. All NFHS rules books contain appropriate procedures for handling lightning situations.

**THREE-FOOT RUNNING LANE VIOLATION:** The Baseball Rules Committee is concerned that the application of this rule is not being enforced consistently or properly. The batter-runner is required by rule (8-4-1g) to be in the running lane when the ball is being fielded or thrown to first base. The runner is allowed to run outside the running lane to avoid contact with a fielder who is in the act of fielding or throwing a ball. The batter-runner must be entirely inside of the running lane. If either foot is outside the running lane, the batter-runner is considered to be outside the running lane.

**PIAA ADOPTIONS AND  
MODIFICATIONS**

- Adopt the 2010 NFHS Baseball Rules Book.
- Adopt suggested speed-up rule Courtesy Runners.
- Adopt Rule 1-2-9 NOTE, permitting the optional use of the Double First Base, and adopt the suggested Double First Base Rules, as set forth in the NFHS Baseball Rules Book.
- Adopt Rule 4-2-2 to permit a time limit for those Contests played in community/public parks that prohibits a new inning from starting after a predetermined time, at all levels (varsity, junior varsity, or otherwise) of competition.
- Modify Rule 4-2-2b, two five-inning games shall constitute a doubleheader only at the sub-varsity levels (junior varsity, and junior high/middle school) of competition
- Adopt Rule 4-2-4, relative to suspended games

**PIAA 2009-2010 DISTRICT RULES  
INTERPRETERS**

District 1.....	John W. Herr
District 2.....	Charles R. Coslett
District 3.....	Thomas J. Rawlings
District 4.....	Kurt D. Reichenbach
District 5.....	J. Ross Shinew
District 6.....	James C. DeLarre
District 7.....	Andrew W. Keteles
District 8.....	Andrew J. White
District 9.....	Samuel P. Bevak
District 10.....	Robert J. Reitz, Jr.
District 11.....	Martin T. Ondrovic
District 12.....	Stephen K. Kupsov

### PIAA ADOPTIONS AND MODIFICATIONS CONTINUED

- Pursuant to Rule 6-1-6, adopt the following PIAA Baseball Pitching Restriction:

A player may pitch in a maximum of nine (9) innings in one (1) calendar day, but not more than fourteen (14) innings in a calendar week (Sunday through Saturday). Delivery of one (1) pitch constitutes having pitched in any inning. If an inning is played in part on two (2) calendar days, delivery of one (1) pitch in that inning in each of those calendar days constitutes having pitched in two (2) innings. **If he pitches in three (3) innings or less in one (1) calendar day, no rest is required; however, no player may pitch more than three (3) consecutive three-inning days. If he pitches three (3) consecutive three-inning days, he must have one (1) calendar day of rest.** If he pitches in four (4) or five (5) innings in one (1) calendar day, he must have two (2) calendar days of rest. If he pitches in six (6) or more innings in one (1) calendar day, he must have three (3) calendar days of rest.

If a baseball player pitches more innings than are permitted under the "restriction" the school is using an ineligible player (pitcher) and shall forfeit the Contest. Violations of the "restriction" subject the school to other penalties under ARTICLE XIII, PENALTIES, of the PIAA By-Laws. As is the case with all PIAA rule and regulations, it is the responsibility of the Principal to make sure that the school's baseball coaches and players comply with the PIAA baseball pitching restrictions (6-1-6)

### PIAA PRIDE

At the expense of taking journalistic liberty with acronyms, PIAA PRIDE is a moniker for PIAA Referees In-service (training) Develops Excellence. This message grasps the concept and reality of training of officials at the local chapter level. Unlike many states, PIAA sports' officials chapters must adhere to the minimum standard of six seasonal in-service sessions and one mandatory rules interpretation meeting.

This formula assisted by lesson plans for chapter rules interpreters, preseason rules interpretation bulletins, during season NFHS and PIAA rules interpretations allows for training at the local association level to be thorough and comprehensive. This structure allows all registered officials to receive continuing education as part of their registration as a PIAA sports' official.

For all of this to be successful, chapter officers, in leadership positions, as well as the rank and file sports' officials only need to follow ten two letter words; IF IT IS TO BE IT IS UP TO ME. The combination of experiences with continued officiating education is a great recipe for success.



### **SUGGESTED SPEED-UP RULE: COURTESY RUNNERS**

1. At any time, the team at bat may use courtesy runners for the pitcher and/or catcher.
2. The same individual runner may not be used for both positions (pitcher and catcher) during the game.
3. Neither the pitcher nor the catcher will be required to leave the game under such circumstances.
4. Players who have participated in the game in any other capacity are ineligible to serve as courtesy runners.
5. A player may not run as a courtesy runner for the pitcher or the catcher and then be used as a substitute for another player in that half inning. If an injury, illness or ejection occurs and no other runners are available, the courtesy runner may be used as a substitute.
6. The umpire-in-chief shall record courtesy runner participation and also announce it to the scorer.
7. A player who violates the courtesy-runner rule is considered to be an illegal substitute.
  - a. Should an injury, illness or ejection occur to the courtesy runner, another courtesy runner for the pitcher or catcher may run.



### **DISQUALIFICATION PROCESS**

When a coach or contestant is disqualified/ejected from a Regular or Post-Regular Season Contest a report must be filed by the official who disqualified/ejected the coach or contestant. When the report is received in the PIAA Office it is faxed to the concerned school Principal and Athletic Director and mailed to the respective District Chairmen, officials' representatives and sportsmanship chair. A copy is also given to the Associate Executive Director and placed in the school's file.

**OFFICIALS ARE TO FILE A REPORT WITH THE PIAA OFFICE ON THE APPROPRIATE FORM WITHIN 24 HOURS OF THE EJECTION OR THEY MAY BE PLACED ON PROBATION.**

Officials may complete the disqualification form online through the officials' information area of the PIAA website. Additionally, officials may email or fax a downloaded copy of the disqualification form. Officials who repeatedly do not file the proper form in the prescribed time period may be suspended. This will, in effect, eliminate the false belief that if a report is not filed, the disqualification/ejection did not occur.

**For your convenience, a copy of the disqualification form may be found on the back of this publication**

**PIAA BY-LAWS: ARTICLE XII,  
SECTION 8**

Any coach and/or contestant who, while coaching or competing for a PIAA member school, is ejected from a Contest by a state high school association recognized and/or registered official in that sport for unsportsmanlike conduct or flagrant misconduct shall be disqualified from coaching and/or participating **for the remainder of the day and in all Contests on the next Contest day of the same level (varsity, junior varsity, or otherwise) of competition. For a coach, participation in the next Contest includes any contact by the coach with members of the Team, including other coaches, between the time that the Team arrives at the Contest site and the conclusion of the last Contest of the day. THE PRINCIPAL SHALL DIRECT THE COACH NOT TO ATTEND ALL OF THE CONTEST(S).**

Any coach and/or contestant ejected from the last Contest in that sport in a sport season shall be disqualified from coaching and/or participating in the first Contest(s) in that sport in the subsequent sport season, at the same level (varsity, junior varsity, or otherwise) of competition, at any PIAA member school or, if the student changes levels of competition, such as from junior varsity to varsity, the first Contest(s) in that sport.

The official shall file a report with the PIAA Office on the form prescribed for the sport involved, within twenty-four (24) hours following the completion of the Contest in which the ejection occurred. Failure to file such report shall not affect the validity or consequences of the ejection.

**EXAMPLES OF DISQUALIFICATION  
PROVISION OF ARTICLE XII,  
SECTION 8**

**The following examples are for players or coaches and are only examples and not a complete list. What this means is a player or coach ejected from a contest at any level must sit out the remainder of the day and the next day of the next contest at that level.**

***Example #1:*** Player/coach gets ejected from a junior varsity contest before a varsity contest. This player/coach gets disqualified for the **remainder of the day and the next day** of the next junior varsity contest. If this contest is followed by a varsity contest **on the same day**, the player/coach gets disqualified for the varsity contest also (**the whole day**).

***Example #2:*** Player/coach gets ejected from a varsity contest on Friday, the team's next varsity contest is Friday. Before the varsity contest is a scheduled junior varsity contest, player/coach cannot participate in any of Friday contests.

***Example #3:*** Player/coach gets ejected from a varsity Baseball game Saturday. The next varsity contest is a game on next Friday but the game gets postponed to Saturday. On Saturday, the junior varsity team is to play in another Baseball game, is player and/or coach eligible to participate in the junior varsity game?

***Ruling:*** No. Since the Friday contest was postponed the **next varsity game** is the same day as the junior varsity game and the player/coach are not eligible to participate the whole day.

## EXAMPLES OF DISQUALIFICATION CONTINUED

**Example #4:** Coach gets ejected from a varsity contest on Tuesday and their next contest is Thursday. The coach is present and participates as a coach in the contest. What are the contest officials to do?

**Ruling:** This is not something officials are to get involved in since this is an eligibility rule that the school's athletic administration has to handle. In this scenario, the ineligible coach that participates will cause their team to forfeit (automatic forfeit by the PIAA By-Laws) and they still must sit out the next contest. They cannot buy their eligibility to coach by forfeiting the next contest. For a coach, participation in the next contest includes any contact with members of the team including other coaches between the time that team arrives at the contest site and the conclusion of the last contest of the day. The principal shall direct the coach not to attend all of the contests. In other words, ejected coaches are to be instructed by their principals not to attend a contest that they are not eligible to coach.

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## PIAA 2010 BASEBALL SCHEDULE

First Practice Date.....	Monday, March 8
First Inter-School/Scrimmage Date.....	Saturday, March 13
First Regular Season Contest Date.....	Friday, March 26
Last Regular Season Contest Date & District Championship Deadline.....	Saturday, June 5
PIAA Baseball Championships:	
First Round.....	Monday, June 7
Quarterfinals.....	Thursday, June 10
Semi-Finals.....	Monday, June 14
PIAA Baseball Championship Finals	
Blair County Ballpark, Altoona.....	Friday, June 18
Championship Schedule:	
AA Championship.....	10:30 AM
AAAA Championship.....	1:00 PM
A Championship.....	4:30 PM
AAA Championship.....	7:00 PM

## **FITNESS AND HEALTH CONDITION**

Athletic officiating is a vigorous avocation and it demands that an official be in excellent physical condition, able to give the very best, on every play, in every contest. To that end, the American Medical Association has stated that before one attempts any vigorous physical activity they should first visit their family physician for a check-up. It is part of good personal health maintenance to have an annual physical exam and participate in an exercise program. This type of exercise program should be minimally three days per week and include cardiovascular conditioning, strength training, flexibility and muscle endurance. These components along with proper nutrition will assist in developing one's optimum body composition.

The PIAA Sports Medicine Committee recommends that each registered sports official have an annual physical examination and practice good health habits. Being physically fit and conveying an appropriate, positive image through proper health and nutrition habits will greatly assist all officials in keeping up with the game. After all, the game, the schools, players, coaches, spectators and fellow officials deserve no less. As importantly, officials owe good health habits to themselves and their families if for nothing more, than the health of it.

## **ARRIVAL AT THE SITE**

Cooperation with Contest management begins with timely arrival at the Contest site. Nothing makes administrators and coaches more nervous at the onset of a contest than not knowing whether the officials are going to show up.

Start the game off right by communicating you arrival time at the site with the athletic administrator. Show up, where possible, at least thirty minutes prior to the scheduled tipoff. It will go a long way in helping your credibility as a quality official.

## **OFFICIALS' RESPONSIBILITIES**

1. The PIAA Official's Emblem must be worn on the upper left sleeve of the official's standard shirt when officiating in all PIAA sponsored games.
2. All PIAA-registered officials must wear identical uniforms during a contest.
3. Required uniform for Baseball umpires:

**Shirt** One of the following shirts is to be worn:  
(1) Navy blue pullover with red and white stripe trim on sleeves and collar. (2) Light blue pullover with navy blue and gray stripe trim on the sleeves and collar with the standard buttons (No zipper style shirts permitted.) The pullover style shirt shall only be of a micromesh material. (The silk / shiny dazzle type material is not approved). Long Sleeve shirt is now approved.

**Undershirt** Navy Blue - All umpires must wear the same color undershirt during the game.

**Slacks** Gray only - Shorts are **NOT** permitted.

**Ball Bag** Navy Blue only.

**Socks** Black - Footies are **NOT** permitted.

**Shoes** Solid Black - Black with no white markings of any kind.

**Belt** Black - Large metal buckles **NOT** permitted.

**Cap** Navy Blue - Caps are to be fitted type only, not adjustable style. Both male and female umpires must wear caps properly in all positions. Cap with **Gold** 1½" high "PIAA" letters are **REQUIRED** for all regular season, district and inter-district advanced play.

**Jewelry** Umpires are NOT permitted to wear jewelry, with the exception of your wedding band and a Medical Alert Bracelet or Necklace while umpiring. The restrictions that pertain to a player for a Medical Alert Bracelet or Necklace also pertain to umpires.

PIAA sports' officials may display an American flag (maximum size 2 by 3 inches) on the right sleeve of their uniform shirt approximately three inches down from the shoulder seam. This will be the same position the PIAA official patch is displayed on the left sleeve.

## PRE-SEASON PREP

Pre-season preparation applies to mental and physical fitness as well as updating one's uniform. Take the time to review your uniform annually so that you present a clean, crisp, neat uniform. As we all know, "you never have a second chance to make a first impression". It is also important to review your other officiating equipment; shoes, socks, undergarments, equipment bags, and other officiating supplies to make your uniform complete. Many officials work more than one game per week and need the ability to have multiple uniforms available for their use. Don't compromise your appearance and the reputation of your chapter by attempting to make that shirt and pants last another year. Game control starts with your appearance and the professionalism that goes with it. Be fit; be neat, be sharp. If you are in need of updating your officiating supplies, please be reminded that Purchase Officials Supply of Pennsylvania is the official vendor of PIAA Sport Officials' Uniforms. Please give them your consideration for any purchases regarding officials' supplies. If interested, you may provide them with your email address to send you their catalog, seasonal specials and discounted items that may be of interest and service to your avocation of sports' officiating. Purchase Officials Supply of PA may be contacted via email at [mjsumpref@aol.com](mailto:mjsumpref@aol.com), [www.pa.purchaseofficials.com](http://www.pa.purchaseofficials.com), or by calling 800-934-4555.



**WEBSITE:**

**[www.piaa.org](http://www.piaa.org)**

## PIAA SPORTSMANSHIP MESSAGE



ALL OFFICIALS MUST READ THIS MESSAGE TO CAPTAINS AND HEAD COACHES PRIOR TO GAMES AT ALL LEVELS.

***PIAA requires all registered sports' officials to enforce the sportsmanship rules for coaches and contestants. Actions meant to demean opposing contestants, team, spectators, and officials are not in the highest ideals of interscholastic education and will not be tolerated. Let today's contest reflect mutual respect. Coaches please certify to the officials that your players are legally equipped and uniformed according to NFHS rules and PIAA adoptions. Good luck in today's contest.***

For distribution purposes, this message is printed on the back of all PIAA registered sports officials' 2009-2010 identification cards. Chapter interpreters are requested to remind all officials to read this message at each contest they officiate.

**There have been some concerns addressed by the schools that some of our officials are not reading the PIAA Sportsmanship message prior to the contest. This is an improper procedure and this message MUST be read. Officials are not to paraphrase, modify, or develop their own Sportsmanship Message to the captains and head coaches. The proper procedure is head coaches and captains MUST attend the pre-game reading of the sportsmanship message.**

This message **MUST BE READ VERBATIM** by the contest officials. Coaches must certify to the contest officials their team is legally equipped and in compliance with NFHS Baseball Rules. The reading of this message will set the tone for the contest to be played in the spirit of good sportsmanship and have the coaches verbally confirm aloud their teams' adherence to compliance with equipment and safety rules. This confirmation is not only the adherence to contest rules, but also assists in alleviating the legal liability concerns for the officials if the teams subsequently violate the proper equipment provisions of the contest rules.

## PIAA OFFICIALS INSURANCE

For the 2009-2010 school year, American Specialty Insurance Services will provide the following benefits:

- One Million Dollars of Liability Coverage;
- \$25,000 Excess Accident Medical Coverage (with a \$250 deductible);
- \$5,000 Accidental Death and Dismemberment (including a cardiac benefit).

This program is administered by American Specialty Insurance Services and underwritten by USF&G and Mutual of Omaha. Both carriers carry "A" ratings by A.M. Best. Again this year, as a new service for chapters, all regularly scheduled chapter meetings will be covered under PIAA's basic liability coverage.

This is a major change from the past when only the annual rules interpretation meetings have been covered. Chapters are requested to please submit their list of regularly scheduled chapter meetings to the PIAA Office to assist procedurally in the exchange of information to have all local associations' meetings covered.

### ***Contact information is as follows:***

Drew Smith,  
Vice-President for Client Services  
Sara Douglass  
Administrative Assistant  
American Specialty Insurances Services, Inc.  
142 N. Main Street,  
P.O. Box 309  
Roanoke, Indiana 46783-0309  
Phone: 260-672-8800  
Fax: 260-673-1295  
www.amerspec.com

## GUIDELINES ON HANDLING CONTESTS DURING LIGHTNING DISTURBANCES

The purpose of these guidelines is to provide a default policy to those responsible for making decisions concerning the suspension and re-starting of contests based on the presence of lightning. The preferred sources from which to request such a policy for your facility would include your state high school association and the nearest office of the National Weather Service.

### ***Proactive Planning***

1. Assign staff to monitor local weather conditions before and during events.
2. Develop an evacuation plan, including identification of appropriate nearby shelter.
3. Develop criteria for suspension and resumption of play.
  - When thunder is heard, or a cloud-to-ground lightning bolt is seen, the thunderstorm is close enough to strike your location with lightning. Suspend play and take shelter immediately.
  - Thirty-minute rule. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed prior to resuming play.
  - Any subsequent thunder or lightning after the beginning of the 30-minute count, reset the clock and another 30-minute count should begin.
4. Hold periodic reviews for appropriate personnel.

*As copied from the NFHS 2010 Baseball Rules Book.*



## **COMMUNICABLE DISEASE AND SKIN INFECTION PROCEDURES**

The risk for blood-borne infectious diseases, such as HIV and Hepatitis B, remains low in sports and to date has not been reported. However, proper precautions are needed to minimize the potential risk of spreading these diseases. In addition to these diseases that can be spread through transmission of bodily fluids only, skin infections that occur due to skin contact with competitors and equipment deserve close oversight, especially considering the emergence of the potentially more serious infection with Methicillin-Resistant *Staphylococcus aureus* (MRSA).

### **Universal Hygiene Protocol for All Sports**

- Shower immediately after all competition and practice.
- Wash all workout clothing after practice.
- Wash personal gear, such as knee pads, periodically.
- Don't share towels or personal hygiene products with others.
- Refrain from (full body) cosmetic shaving.

### **Infectious Skin Diseases**

Means of reducing the potential exposure to these agents:

- Notify guardian, athletic trainer and coach of any lesion before competition or practice. Athlete must have a health-care provider evaluate lesion before returning to competition.
- If an outbreak occurs on a team, especially in a contact sport, consider evaluating other team members for potential spread of infectious agent.
- Follow NFHS or state/local guidelines on "time until return to competition." Allowance of participation with a covered lesion can occur if in accordance with NFHS, state, or local guidelines and is no longer considered contagious.

### **Blood-Borne Infectious Diseases**

Means of reducing the potential exposure to these agents include:

- An athlete who is bleeding, has an open wound, has any amount of blood on his/her uniform, or has blood on his/her person, shall be directed to leave the activity until the bleeding is stopped, the wound is covered, the uniform and/or body is appropriately cleaned, and/or the uniform is changed before returning to competition.
- Certified athletic trainers or caregivers need to wear gloves and take other precautions to prevent blood-splash from contaminating themselves or others.
- Immediately wash contaminated surfaces or mucous membranes with soap and water.
- Clean all contaminated surfaces and equipment with disinfectant before returning to competition. Be sure to use gloves with cleaning.
- Any blood exposure or bites to the skin that break the surface must be reported and evaluated by a medical provider immediately.

*As copied from the NFHS 2010 Baseball Rules Book.*



**PENNSYLVANIA INTERSCHOLASTIC ATHLETIC ASSOCIATION, INC.**  
**550 GETTYSBURG ROAD, PO BOX 2008**  
**MECHANICSBURG PA 17055-0708**  
**TELEPHONE (717) 697-0374 OR (800) 382-1392 FAX (717) 697-7721**  
**WEBSITE [www.piaa.org](http://www.piaa.org)**

**BASEBALL PLAYER, COACH, OR TEAM PERSONNEL DISQUALIFICATION FORM**

During the 2010 baseball Regular Season and Postseason, a disqualified baseball player, coach, and/or Team personnel shall not be permitted to participate **for the remainder of the day and in all Contests on the next Contest day of the same level (varsity, junior varsity, or otherwise) of competition from which the player, coach, and/or Team personnel was previously disqualified.** For a coach, participation in the next Contest includes any contact by the coach with members of the Team, including other coaches, between the time that the Team arrives at the Contest site and the conclusion of the last Contest of the day. The Principal shall direct the coach not to attend all of the Contest(s), in accordance with ARTICLE XIII, Section 8, of the PIAA By-Laws; and NFHS Baseball Rules 1-5-1, 1-5-1 Pen, 1-5-9, 10, 2-27-1, 3-1-1 Pen, 3-3-1g, 3-3-2, 4-4-1e, 6-2-1 Pen, 6-2-2, 6-2-3 Pen, 7-4-1h, 10-3-1, and/or 10-2-3c. The umpire must complete and file this form, as soon as possible, but no later than 24 hours following the completion of the Contest in which the disqualification took place by forwarding it to the above address.

Name of Ejected Player, Coach or Bench Personnel		School Name	
Date of Contest	Location of Contest	Time of Contest	
Visiting Team		PIAA District	Visiting Team's Final Score
Home Team		PIAA District	Home Team's Final Score
Name of Official Who Ejected Player, Coach or Bench Personnel			Level of Competition

**REASON FOR DISQUALIFICATION**—(Use The Back Of This Form If Necessary)

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